

Referral for Sleep Study

Patient Details Name: Date of Birth: _____ Gender: M / F BMI (mandatory): Medicare No: Ref No: _____ Exp Date: ____ Address: Phone: **Referring Doctor's Details** Surgery: Provider no: Phone: Doctor's Signature: Referral Date: / / Reason for referral Please see patient for Level 2 - Bulk Billed - Sleep Study. Sleep Services (Item 12250) √ Ambulatory Sleep Study

Epworth Sleepiness Scale (ESS)					
Please circle for each.	Slight	Moderate	High		
Sitting and reading	1	2	3		
Watching TV	1	2	3		
Sitting inactive in a public place	e 1	2	3		
Being a passenger in a car for an hour	1	2	3		
Lying down in the afternoon	1	2	3		
Sitting and talking to someone	1	2	3		
Sitting quietly after lunch (without alcohol)	1	2	3		
Stopping for a few minutes in traffic	1	2	3		
Requires a minimum score of 8/24 to qualify for a Bulk Billed sleep study	Total	Score	/ 24		
STOPBANG Please circle if applicable. STOPBANG revised to 3/8					
S - Does the patient <u>S</u> nore? T - Does the patient feel <u>T</u> ired during the					

Bulk Billed sleep study			
STOPBANG Please circle if applicable.	STOPBANG revised to 3/8		
S - Does the patient S nore?	1		
T - Does the patient feel <u>T</u> ired during the day time?			
O -Anyone <u>O</u> bserved the patient to have stopped breathing during sleep?			
P - Is the patient being treated for High Blood <u>P</u> ressure			
B - Is the patient's B MI greater than 35?			
${f A}$ - Is the patient's ${f A}$ ge 50 or older?			
N - Is the patient's <u>N</u> eck circumference greater than 40cm?			
G - Is the patient's Gender male?			
Requires a minimum score of 3/8 to qualify for a Bulk Billed sleep study	al Score/8		

(Level 2 PSG - Bulk Billed service)



Our current Sleep Health Hubs



Robina 34/137 Scottsdale Dr, Robina, Qld 4226



Upper Mt Gravatt 4B/2092 Logan Rd, Upper Mt Gravatt, Qld 4122



LabradorGold Coast Sleep Clinic,
Shop 11/100 Brisbane Rd,
Labrador, Qld 4215



Upper Coomera Shop 8/21 Coomera Grand Dr, Upper Coomera, Qld 4209



CoolangattaDental Group, 87 Griffith St,
Coolangatta, Qld 4225